Improv4 is a corporate improv training company specializing in cultivating leadership, communication and team effectiveness skills for companies. Our collection of improvisers lead sessions for leadership development, team building, sales skills development, entrepreneurship, handling difficult situations, confronting challenges, communicating in our jobs, friendships and relationships, and more real-life situations.

Life and business are full of uncertainty. Learn important leadership and life skills and do it all with a smile during our interactive improv comedy trainings. As featured in Forbes, Improv4 uses improv games and exercises, popularized by theaters that have trained the world’s best improvisers and comedians, including Tina Fey, Steve Carell, Stephen Colbert, Amy Poehler, and more, to develop important leadership and life skills. These interactive sessions involve movement and engagement from all participants, and are a lot of fun!

Skills of focus:

- **Leadership** Decision Making, Emotional Intelligence, Handling Uncertainty, Creativity, Empathy

- **Communication** Active Listening, Storytelling, Difficult Conversations

- **Team Effectiveness** Collaboration, Team Building, Quick Thinking

We’ve worked with the smallest of startups to Fortune 500 companies and universities. Our clients include:

- TED
- M 500
- unreasonable impact
- Square
- R/GA
- MassChallenge
- Quartzy
- Fordham Foundry
- Techstars
- MoneyThink
- DESAI
- RedSeal
- FastForward
- Miller Center
- Darkstore