Thing Three
The Power of Peer Coaching
Where are you going?

Why are you here?
Volatile
Uncertain
Complex
Ambiguous
You have BRAINS in your HEAD.
You have FEET in your SHOES.
You can STEER yourself any DIRECTION you CHOOSE.

~ Dr. Seuss
“People who practice and master responsibility don’t avoid commitment, instead they continually shape their life choices to make commitments they love keeping”

-Christopher Avery
“We don’t see things as they are; we see things as we are”
- Anaïs Nin
Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.

- Helen Keller
True listeners no longer have an inner need to make their presence known. They are free to receive, welcome, to accept.

–Henri Nouwens
Troika Consulting

1. Identify a challenge or problem you’d like help with
2. Find two others in the room to work with
1. [2 min] First person shares their problem/challenge
2. [1 min] Other 2 ask clarifying questions
3. First person turns their back
4. [5 min] Other 2 generate ideas, suggestions, and coaching advice
5. [2 min] First person shares what was valuable and thanks
How did it feel to ask for help from others?

How did it feel to help others?
3 PEOPLE
3 GOALS
30 MINUTES
it's either a
HELL
YEAH
or it's a no.
● 30 min session
● 10 min each
● Update on last week’s goals & wins
● Share top challenges and goals for the coming week
Product Backlog → Sprint Backlog → Sprint → Working increment of the software

- 24 hours
- 30 days
Annual Goals

Weekly Goals

Thing 3

Success!
Clarify Intention
Focus Attention
Generate Energy
Create Goals
Limit WIP
Find Your 3
The Responsibility Process
Christopher Avery

- Identify & promote personal responsibility
- Unleash your innate leadership
Peer Coaching at Work
Parker, Hall, Kram, Wasserman

- The importance of peer coaching
- Build resilient peer coaching relationships
- Promote peer coaching programs
Liberating Structures
Lipmanowicz, McCandless
liberatingstructures.com

● Make your meetings powerful, effective, and fun!
● Unlock your team’s potential
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Oh, the Places You'll Go!

By Dr. Seuss