WHY THIS MATTERS TO YOU???
PASSIONATE LISTENING

“IF WE WOULD ONLY LISTEN WITH THE SAME PASSION THAT WE FEEL ABOUT WANTING TO BE HEARD.” - HARRIET LERNER
LETS TRY THIS...
YOUR EXPERIENCE??
WHAT CAN WE DO?

TO PASSIONATELY LISTEN TO OTHERS, ONE MUST FIRST KNOW HOW TO LISTEN TO SELF.
MINDFUL BREATHING

inhale. exhale.
MINDFUL OBSERVATION
MINDFUL LISTENING
LET’S TRY PASSIONATE LISTENING AGAIN..
AND THIS TIME??
IN CLOSING....

"We have two ears and one mouth, so we can listen twice as much as we speak."

Epictetus
Greek philosopher
C. AD 55-135

Pontus Steunstrup
AS FAR AS MY STORY....
THANK YOU FOR PASSIONATELY LISTENING TO ME!!

LETS CONNECT....

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